



**Manpasand Life Charitable Trust  
Annual Report Mar '19- Aug'20**

# Manpasand Life.

We are a Non profit organization that believe that every person has a potential which can be cultivated to become an asset of growth in the future.

Since 2012 we are providing Skill and Vocational training to the Young Adults and Adults *for Life Changing Results and Improved Financial Sustainability.*

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# Founders Speech

I started Manpasand Life Charitable Trust to realize my dream of giving an opportunity of passionate learning to the unfortunate.

I believe that every individual has a dream. Every individual has potential to change their dream into an opportunity to earn and grow given the right training.

We at Manpasand Life give the less privileged the opportunity to realize their dreams.

We provide Skill training in Tailoring, Beauty, Spoken English and Computers in an environment that respects them and gives them a chance at earning a livelihood.

We promote learning as a continual process through life and is not limited by age, financial background or gender.

## **Vision...**

To create a future where every aspiring beneficiary will earn a living through our skill training programmes thereby giving them an enhanced Sense of Worth and Achievement .

## **Mission ..**

To work with a unique segment of society to challenge their social stereotype by creating an Encouraging , Motivating and Supportive environment .

## **Values are...**

- Integrity - A passionate commitment to our cause
- Motivation - An honest attempt to bring change .
- Value on Quality vs Quantity
- Persistence - Believes in transformation.

# What We Do

Manpasand Life is a platform of skill and vocational training as a livelihood option.

We cater to two types of Beneficiaries :-

- a) Young Adults - 18 yrs to 24 yrs .
- b) Adults - 30 yrs and above .

The Livelihood options that we provide are unique to each type .

- a) The Young Adults need 9-5 jobs in accordance to their Education, Background and Aptitude .
- b) The Adults (Homemakers) need skills that can generate income without interfering with their home constraints.

# Skills Imparted at Manpasand Life

## Skill and Vocational Courses:-

- 1) ***Basic and Advanced Spoken English.***
- 2) ***Tailoring and Dress Making***
- 3) ***Basic Beauty and Make up***
- 4) ***Basic Computers and Tally***

## Advanced Skills :-

- 1) ***Life Skills*** - To help our Beneficiaries into new ways of Thinking and Problem Solving .
- 2) ***Mentoring*** - To enhance Personal Growth and Development and Socio economic Opportunities .
- 3) ***Personality Development*** - For Better Self confidence ,Self Esteem and creating goals for themselves.

# Thematic Areas & Communities

## A) *EDUCATION*

- Dadar,
- Kurla(Burmacell Railway),
- Wadala(Pratiksha Nagar),
- Chembur(Shivaji Nagar,Vasalatai Naik Nagar),
- Govandi (Adarsh Nagar),
- Kamathipura,
- Mahalaxmi (Ambedkar Nagar),
- Tardeo(BMC Colony),
- Cuffe Parade(Macchimar Nagar).



# Thematic Areas & Communities

## **B) LIVELIHOOD**

- Kurla(Burmacell Railway),
- Wadala(Pratiksha Nagar),
- Govandi (Adarsh Nagar),
- Mahalaxmi (Ambedkar Nagar),
- Tardeo(BMC Colony),
- Cuffe Parade(Machhimar Nagar),
- Null Bazaar,
- Grant Road .

# Thematic Areas & Communities

## **C) *WOMEN EMPOWERMENT***

- Dadar,
- Wadala(Pratiksha Nagar ),
- Govandi (Adarsh Nagar),
- Sion Koliwada
- Mahalaxmi (Ambedkar Nagar),
- Tardeo(BMC Colony),
- Worli(Mahatma Phule Nagar),
- Nepeansea Road(Simla House,Prem Nagar),
- Girgaon,Khetwadi,
- Grant Road.

# Thematic Areas & Communities

## ***D) ENTREPRENEUR PROGRAMMES(YOUNG ADULTS & WOMEN)***

- Dadar,
- Wadala(Pratiksha Nagar),
- Sion Koliwada,
- Mahalaxmi (Ambedkar Nagar),
- Tardeo (BMC Colony),
- Nepeansea Road(Simla House,Prem Nagar),
- Girgaon, Khetwadi,
- Grant Road,
- Null Bazaar.

# Impacting Our Homemakers And Young Girls

**Build Self Confidence , Self Achievement & Self Worth** - Homemakers doing the Manpasand Life Tailoring and Beauty Course Through Specially Curated Life Skills Programs and Livelihood options like:-

- 1) Exhibiting their skills and products in Exhibitions around Mumbai .
- 2) Helping them become self sufficient by helping them get orders for cloth bags stitched by them for brands and Home Visits for various Beauty Treatments.

**Better Life opportunities for our Young Adult Girls** -by distributing footwear and clothes that build their self confidence and give them an opportunity to face the world with Renewed Vigour .

# Impacting Our Young Adults

**Awareness of Importance of Personal Hygiene** - By Distributing free Sanitary Napkins to the adolescent girls and also educating them on personal hygiene and the freedom for a better life .

**Mentoring the Young Daughters of Sex workers** - Sensitising Manpasand Life Mentors to the Plight of these Beneficiaries and Hand Holding them through their Journey for a Better and Brighter Future .

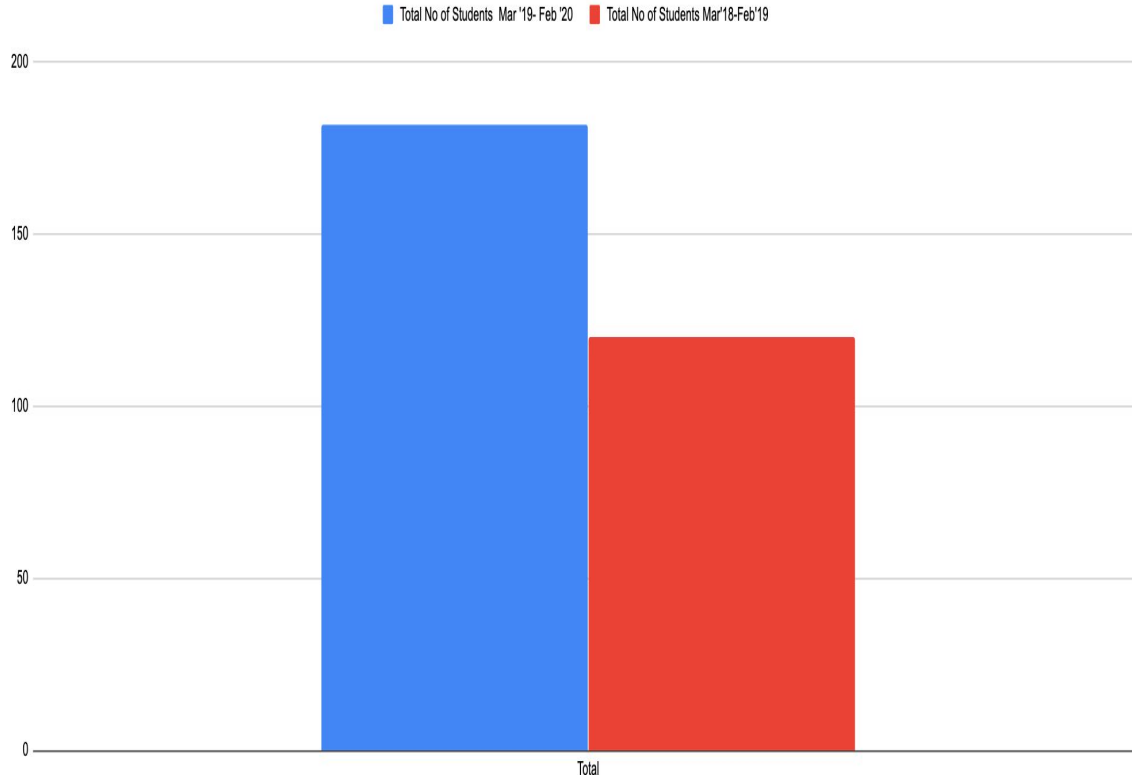
**Awareness of Employment Opportunities for the Young Adults** by introducing them to Possibilities and Motivating them through OnLine classes and Events like Football Matches and Social Message Movies ,Organised Field and Corporate visits hence introducing them to corporate cultures .

# Impacting The Communities With Our Partners.

**Helping and Training the staff of our Partner Ngos** with our Conversational English and Basic Computer Programme to help them Perform better in their respective jobs.

**Relief work in the distressed communities of Mumbai during the Pandemic of Covid'19** with the help of our Partner Ngos by Distributing Essentials like Food Packets , Sanitary Pads , Food Grains ,Essentials , Masks etc...

# Growth Comparison Graph for '18/19- 19/20 .



This Comparison Chart of the Number of Students that are Registered at Manpasand Life for its various Skill and Vocational Courses :- Year Apr'18 / Mar'19 and Year Apr'19/Mar' 20.

This graph shows the Organic Growth of Manpasand Life as the Increase in the Number Of Student Registrations year after year are purely through word of mouth of its Ex Students .

# Highlights and Achievements '19-'20

**MARCH '19**-1st Mar - Spoken Eng Graduation ceremony for the housewives at Wadala Community .

- 8th Mar - Celebrating Women's day with the Women from the Wadala community @ Cafe Arpan - A Cafe run by Autistic Kids .
- 12th Mar - Donation drive of useable Footwear to the girls of our Partner Urja Trust .(A Shelter for Distressed women @Dadar Station ) .

**APRIL '19**- 2nd Apr - Distributed New Blankets to the Women of our Partners - Urja Trust .( A Shelter for Distressed women @Dadar Station).

- 12th Apr - Sanitary Pad distribution with Hygiene workshop for the adolescent girls at a BMC School.
- Distributed Salwar Kameez and Sarees to the Homemakers of our Wadala Community .



# Programmes Conducted in 2019

**MAY'19-** 29th May - Teaching the Manpasand Life Students Gratitude through “Thank You” Cards .

**JUNE '19-** 3rd June - A sponsored event at YAYA Play Area for the Children of AAWC (Apne Aap Women Collective) and the Children of an Orphanage(B J Home for Children .)

**AUGUST '19-** 12th Aug - A Movie show of “ Toilet ek Prem katha” for the Wadala beneficiaries educating them on Basic Hygiene.

- 20th Aug - Conversational English and Basic Computer training for the Admin staff of Sneha Foundation for Better Prospects .

**SEPTEMBER 19-** 24th Sep - Participation in the Jain Women’s Organisation Exhibiting the products made by our Tailoring women thus encouraging them to earn a livelihood .

**NOVEMBER 19-**10th Nov - Sponsored Football Event for the kids of BMC schools at Astro park (Lower Parel).

# Programmes Conducted in 2020

**March '20-** 7th March - Celebrating Women's day with the Homemakers by making crowns as a symbol of acknowledging their achievements .

- 18th March - Graduation ceremony for our Beauty Students on successful completion of their course .

**April '20-** 22nd April - Distributing Food packets @ Shivaji Nagar with our Partner Ngo - Sankalp during the Covid '19 Pandemic .

**May '20-** 3rd May - Making cloth bags by our Tailoring Women for Brijwasi Sweet Brand for distribution.

- 25th May -Distributing Masks made by our Tailoring Women to our partner Ngos - Adarsh Foundation and Sankalp @ Kurla and Shivaji Nagar Communities to keep them safe in the Covid'19 Pandemic .

## Programmes Conducted in 2020

**June '20**-12th June - Distributed Masks made by our Tailoring women to our partner Ngo - AAWC - for their Creche at Kamathipura.

- 25th June - Distribution of Essentials at the Shivaji Nagar community to help the beneficiaries whose homes got gutted in a fire with Sankalp Ngo.

**July '20** - Distributed sanitary pads for the less privileged women of Shivaji Nagar Community ,Chembur.

- Sent Sanitary Pads to help the women that were rendered homeless in the Kolhapur floods .

## Programmes Conducted in 2020

**August '20**-3rd August - Manpasand Life started their first virtual Spoken English classes for our partner Ngo - Adarsh Foundation at the Chembur and Kurla communities .

# Testimonials By Our Beneficiaries .

## TESTIMONIALS



*Mangesh,* Ex Student  
Took a Music Training

“Manpasand Life transformed from a caterpillar to a butterfly that can exist in all it’s glory,”



*Panesh K.,* Ex Student  
Took a English Lessons

“I got a lot of encouragement from my teachers and realized that I might be able to achieve something”



*Ketan,* Ex Student  
Took a English Lessons

“My English lessons at Manpasand Life gave a kick start to My Bartender Profession”



*Komal Chaunasiya,* Ex Student  
Took a English Lessons

“My learning English I got confidence & my Mother feels proud about me”

# Way Forward to a Self Reliant Community.

Our Bigger Goal is to help the marginalized sections of society to do achieve life changing results by taking our expertise and speciality to the communities and help them grow and become self reliant .

Uptil now we have worked from a single center .We have impacted 200 students in the year '19/'20.

Manpasand Life will facilitate and help these sections of society to start small businesses as an option for livelihood and to encourage them in becoming self employed as opposed to depend on an outer source of income .

# Our Associate Partners

1. Urja Trust - A shelter for Distressed Women .
2. Adarsh foundation - A foundation that works for Community Development .
3. Sankalp - A foundation that works for Community Development .
4. Apne Aap Women's Collective - A ngo for the Children of and for the Sex Workers .
5. Connect For - An Organization of Volunteers .
6. Xaviers College - The Social Integration Program of Student Volunteers of Xaviers College .

## Our Associate Partners

7. Masoom- An Ngo for Education through Night Schools .
8. Antarang- An Ngo working for Employment of the Youth.
9. Society for Nutrition, Education and Health Action (Sneha) - Works with Communities , Governments and Public Health Systems .
10. Astitva Foundation - International Human Rights Council .



# Manpasand Life Team Members

## Mpl Teaching Faculty

1. Ms.Shailaja Shekhar - Spoken English
2. Ms. Kalma Shah - Basic Computers
3. Ms.Darshana Kargutkar - Tailoring & Dress Making
4. Ms.Yashoda - Basic Beauty
5. Ms.Avanti Desai - Consulting Counsellor

## Mpl Volunteers

1. Mrs.Bijal Gandhi
2. Mrs.Kamudini Doshi
3. Mrs.Chiral Sheth



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